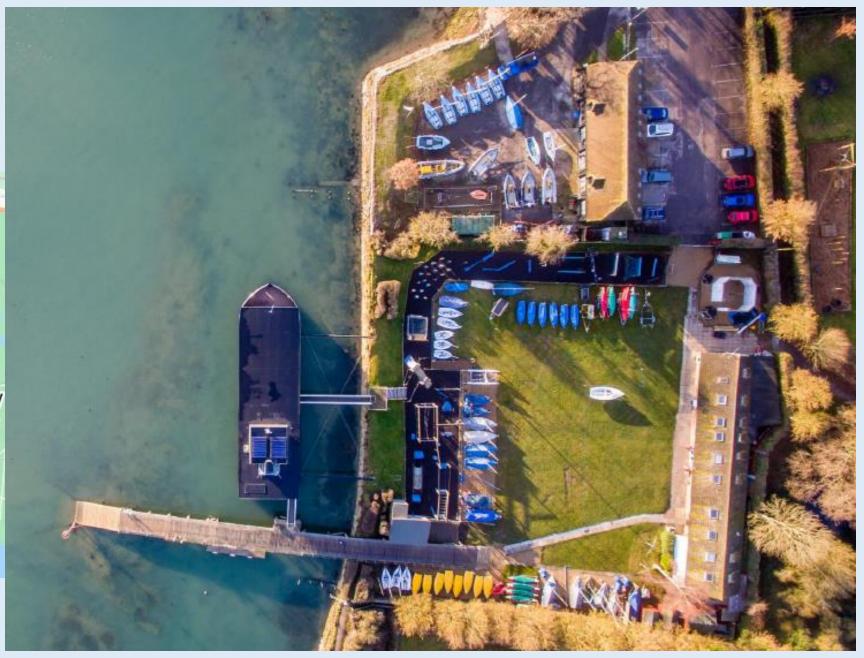
# Year 10 activity residential April 2025





#### Where?





## Accomodation & food

We are a nut free site and all dietary requirements are catered for

• The ship 'Resolute' and the rest of the centre and its facilities will be exclusively for the group - there will be no other groups onsite. Accommodation is in the form of 2 bunk beds per cabin. The cabins are spacious and all have en-suite facilities (shower, toilet and basin). Bedding is provided but guests are asked to bring their own duvet covers and pillow cases.



As well as breakfast, lunch and dinner there are always plenty of cakes to keep you going until the next meal, including our infamous Dutch shortbread.



### What will I do? (sample programme)

	MORNING	AFTERNOON	EVENING
DAY1	0900-15 – Arrive, welcome, briefing  1030 – 12.30 1. Sailing	13.30 – Packed Lunch  1. Kayaking 2. Sailing 3. Tunnelling	1730 – Dinner 1900 – Walk
	<ol> <li>Tunnelling</li> <li>Kayaking</li> </ol>		
DAY 2	Clear cabins		
	0020 Assambly	12.30 – Lunch	
	0930 - Assembly	1330 - Depart	
	1000 – 12.00	·	
	<ol> <li>Tunnelling</li> <li>Kayaking</li> <li>Sailing</li> </ol>		





#### What will I do?

- Sailing
- Kayaking
- Raft building
- · Canoeing
- · Assault course
- Archery
- Tunnelling
- Climbing wall
- Team building activities

All activities are led by qualified and experienced instructors.





#### What will I do?

Christian Youth Enterprises (youtube.com)



#### What will I need to take?

- Packed lunch for day 1
- Enough clothes & underwear for the stay (bearing in mind you are likely to get wet on activities and that it is generally 5% cooler on the water). No denim for activities
- 2 Two pairs of footwear, one to stay dry (trainers) and one to get wet e.g., old trainers/wetsuit shoes (NOT Crocs, wellies or flip flops - they must be securely attached to your feet)
- Indoor shoes/slippers for on board the ship (NO SHOES ON THE BOAT)
- Swimming kit
- Woollen hat or cap (depending on the time of year)
- Waterproof coat or jacket
- Large plastic bag for wet clothing and shoes
- Duvet cover and pillow case
- Towel and toiletries
- Spending money (we have a small gift shop), max cost of item is £6.
- Insect repellent (if applicable for the time of year)

#### What does it cost?

- •£153.50
- Payable in instalments (see letter)

• This covers transport, accommodation, food (except packed lunch on day 1) activities, insurance

#### Is it for me?

- Enjoy a challenge
- · Want to take time out
- Like the outdoors
- Enjoy/want to try water sports
- · Want to try sleeping on a boat
- Spend time with friends



If in doubt or you have any questions then see Mrs Palfreyman or go to the website